

HOTEL INFORMATION

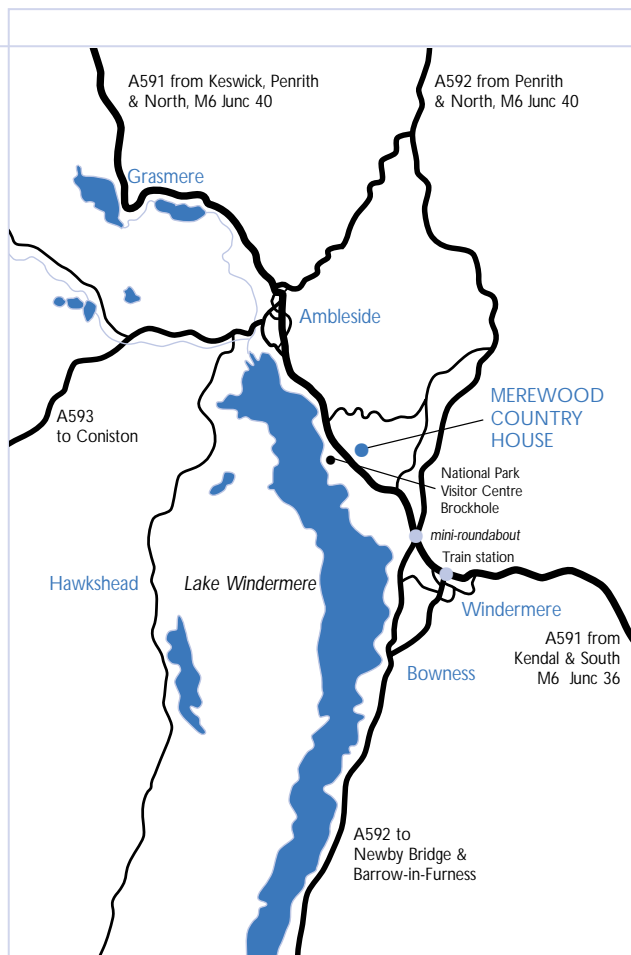
MEREWOOD COUNTRY HOUSE

Merewood is run as a country house hotel and has a good reputation in the Lake District for the quality of its food and service. The hotel is owned by Impact and the staff are accustomed to catering for the needs of participants on programmes. During programmes there is a set lunch and dinner menu which changes daily. Our chefs can cater for any dietary requirements or preferences if they are given notice (you can provide this on the enclosed personal information form).

Rooms have en-suite facilities, TV, drink making facilities, radio alarms, hair dryers and direct dial telephones.

To travel to Merewood by road from the South, leave the M6 at junction 36 (Kendal, South Lakes) and follow the A591 for 15 miles, past Kendal and Windermere, until you see Merewood signed on the right. Merewood is situated opposite the National Park Visitor Centre at Brockhole, which is well sign-posted. It is a mile and a half past a mini-roundabout, the only one on the A591.

From the North, leave the M6 at Junction 40, Penrith, then follow the A66 towards Keswick for approximately 12 miles. At Threlkeld turn left to take the B5322, which is signposted to Windermere. This joins the A591 Keswick/Windermere road near Thirlmere. Turn left here and travel for approximately 10 miles past Grasmere and Rydal to Ambleside. Leave Ambleside on the A591 for Windermere. Merewood is two miles south, on the left, just before the National Park Visitor Centre at Brockhole.



BY CAR

Approximate travelling times to Merewood from:

London	4hrs 30mins
Newcastle	2hrs
York	2hrs 30mins
Manchester	1hr 30mins
Glasgow	2hrs 30mins
Leeds	2hrs 30mins
Birmingham	2hrs 30mins
Edinburgh	2hrs 30mins

BY TRAIN

Travel to Oxenholme on the main Euston to Glasgow line (London 3hrs 15mins approx). Local trains from Oxenholme to Windermere approximately every hour (20mins approx). Taxis available at Windermere.

BY PLANE

The nearest airport is Manchester.